

PBIS Newsletter

Unity West Elementary School

Respect yourself. Respect others. Respect property. Be there; be ready.

Bullying Awareness and Prevention

Special Note

The April Celebration was a huge success! The winning paper air planes from each class are on display in the display case. Each classroom had a contest to determine the best design and longest flight.

More information about PBIS at: www.unitywestelementary.com

PBIS Committee Members

Katy Yeazel, Kindergarten
Angela Kamradt, 1st Grade
Ann Taylor, 1st Grade
Vanessa Udry, 2nd Grade
Carol Dixon-Hunt, 3rd Grade
Gina Vasey, 3rd Grade
Brian Cordes, 4th Grade
Terry Grodsky, 5th Grade
Karrie Redeker, 5th Grade
Josh Didier, Administrator
Amy Pendle, Parent
Donna Eckerty, Playground Super.
Alison Henkel, Social Worker
Cinda Collins, Title I
Carrie Hopkins, Life Skills

What is Bullying?

Bullying is aggressive behavior that is intentional and that involves an imbalance of power or strength. Bullying can take many forms, such as hitting, kicking, threatening others, teasing, name-calling, excluding from a group, or sending mean notes, text messages, or e-mails. A child who is being bullied has a hard time defending himself or herself. Often, children are bullied not just once or twice but over and over.

Bullying happens when someone hurts or scares another person on purpose. The person being bullied has a hard time defending himself or herself. Sometimes bullying is

easy to notice, such as with hitting or name-calling, and other times it's hard to see, such as with leaving a person out or saying mean things behind someone's back. Both boys and girls bully, and both boys and girls get bullied. Bullying is not fair, and it hurts.

Isn't bullying just part of growing up?

Perhaps this attitude is why bullying is still common in American schools. There is a lot of research that shows that being a victim of a bully can affect students' self-esteem and how they approach school. Students who are often bullied by other students may have serious levels of depression and anxiety.

What if your child is being bullied?

1. First, focus on your child. Be supportive and gather information about the bullying.
2. Contact your child's teacher or principal.
3. Help your child become more resilient to bullying.

At Unity West we are making every effort to increase awareness about bullying and bullying prevention. We are teaching weekly behavior lessons called "cool tools" to help address some of the issues involving bullying. If you would like more information about bullying, please visit our school web site and click on **Bullying** underneath the PBIS section of the web site.

www.unitywestelementary.com

May Celebration: FUN DAY

The date has been set for the May Celebration. Fun Day will be held on Thursday, May 29th. Planning for this event has begun. Some of the activities on Fun Day include: inflatables, tug-o-war, a 3-on-3 basketball tournament, bingo, face painting and much more...

The May Celebration is for students who follow the school expectations and remain out of trouble. Students who get sent to the office and receive discipline will have the following consequences as set up by the PBIS Committee.

1st Offense = Miss inflatable time with grade level

2nd Offense = Miss half of the Fun Day activities

3rd Offense = Miss entire day of Fun Day activities.